



LLRS Quarterly Newsletter Summer 2023



Update from the LLRS President Dr. Reid Nichols

One month until we are in the mountains, breathing crisp air, admiring the blackness of the sky, and talking shop. I mean really talking shop. The LLRS meeting in Lake Tahoe will be filled with top notch discussion and creative thinking on how we fix the most complicated problems involving limb deformity. I am sure we will try to absorb all of the knowledge from our mentors and welcome new and innovative ideas. Ryan Parrott and Jonathon Schoenecker will be sure to challenge us mentally and intellectually. [Ryan "Birdman" Parrot](#) is sure to inspire us. He just finished

Upcoming Events

**LLRS Annual
Meeting 2023**
July 14-15, 2023
Everline Resort & Spa
Lake Tahoe, CA

- [register](#) for meeting
- [learn more](#) information

**33rd Annual
Baltimore Limb
Deformity Course**
Aug 23-27, 2023
Four Seasons Hotel
Baltimore, MD

- [register](#) for meeting
- [learn more](#) information

2nd Annual

conducting the Human Performance Project (www.americanextreme.com). Read about it. This was an adventure like none other! Please bring your sense of adventure; see you in Tahoe! I cannot wait to share our accomplishments this year!

Essentials of Lower Extremity

Reconstruction Course (ELER)

Jan 26-27, 2024

Scottish Rite for Children
Dallas, TX

- [learn more](#) information



LLRS Member Spotlight - Dr. Megan Young

[Read about former LLRS traveling fellow Megan Young](#) and how she has created a pediatric deformity practice after her experience.

LLRS - MEMBER PUBLICATIONS

[Click here](#) to read recent publications from our LLRS members.

Membership Committee Updates

Dr. David Frumberg

The LLRS currently has 206 members from 28 countries. We continue to inspire young surgeons to pursue careers in our field and help move the science forward. To this end, I invite all new and potential members to join us at the Annual Meeting during the first refreshment break for a Meet & Greet. See you in Tahoe!

ANNUAL MEETING REMINDERS

Karen Syzdek - Executive Director, LLRS

Pre-registration closes July 5, 10:00 p.m CDT
Onsite registration is available at a higher fee

View the current agenda [here](#)

Sign up for wellness activities at the links below through **Friday, June 16**. Registration is required so the LLRS and resort may plan accordingly.

[YogaFusion](#)
[Hiking](#)
[Spa Treatments](#)

Need childcare for the President's Reception on July 14? Let me know [here](#).



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Limb Lengthening and Reconstruction Society: ASAMI-North America | P.O. Box 91868, Austin,
TX 78709-1868

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